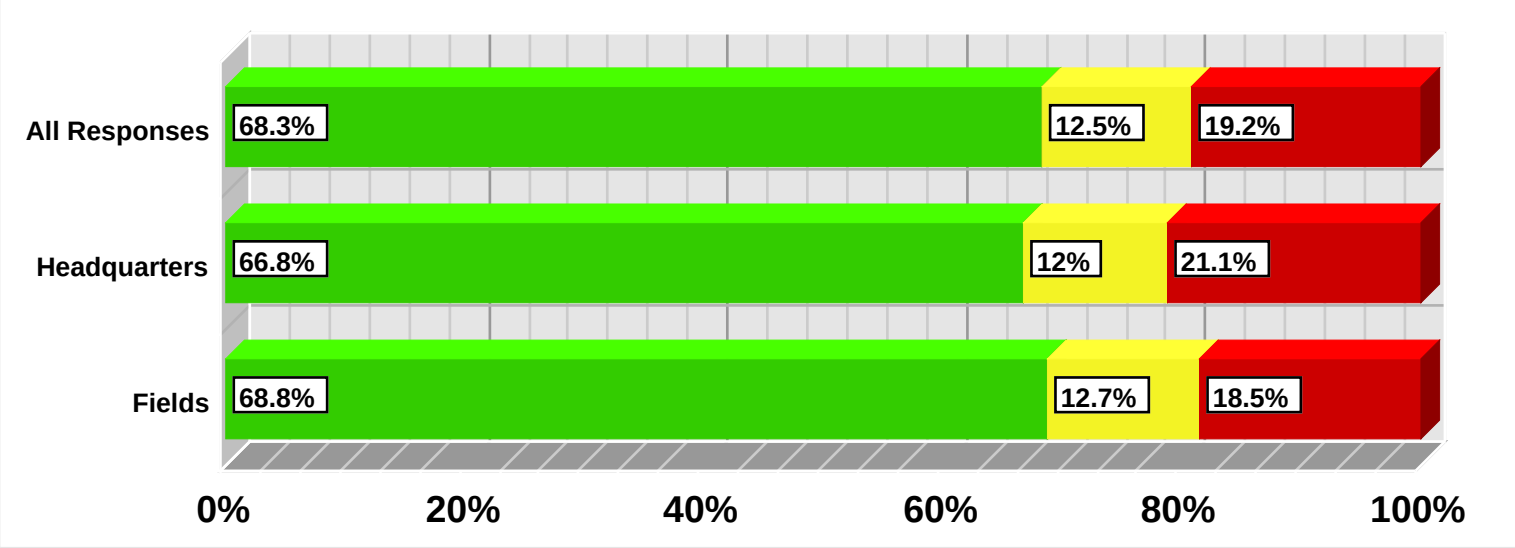(30) I know what to do if I believe that a Prohibited Personnel Practice has been committed.